

Words Related to Mental & Thought Processes

Human beings have many different forms of inner cognitive, mental or information processing. We think in words, images and ideas. Sometimes we even believe that we can physically “feel” our brains working. The sensations from our 5 senses plus the thoughts from our brain come first and then immediately activate or “trigger” emotional reactions or physical sensations in our body. Thoughts are different than feelings but they may seem to occur simultaneously.

Absorbing	Dividing	Protecting
Accepting	Doubting	Perceiving
Adding	Downloading	Planning
Agreeing	Dreaming	Pondering
Ambivalence	Deducting	Projecting
Analyzing	Enjoying	Questioning
Arguing	Evaluating	Rationalizing
Assessing	Expecting	Reasoning
Associating	Exploding	Recollecting
Avoiding	Fantasizing	Regressing
Believing	Fighting	Reflecting
Brainstorming	Figuring-Out	Regurgitating
Brooding	Focusing	Rejecting
Calculating	Gathering	Remembering
Combating	Hoping	Reminiscing
Comparing	Identifying	Repressing
Computing	Imagining	Ruminating
Conceptualizing	Inferring	Sensing
Concluding	Innovating	Shifting
Concentrating	Insight	Simmering
Confusing	Judging	Speculating
Connecting	Making-Up	Sublimating
Conniving	Meditating	Stewing
Considering	Minimizing	Strategizing
Consternation	Monitoring	Studying
Contemplating	Mulling	Subtracting
Creating	Multiplying	Summarizing
Criticizing	Musing	Suppressing
Day Dreaming	Negotiating	Taking-In
Deciding	Observing	Thinking
Defending	Obsessing	Tracking
Deliberating	Opposing	Understanding
Denial	Overloading	Vacillating
Detecting	Overlooking	Weighing
Disagreeing	Overwhelming	Wondering
Discerning		Worrying
Discriminating		
Dissociating		
Diverting		